

MENU

WEEK 1

MAINS

VEG OPTION

VEGGIES



WEEK ONE

VEGAN



VEGETARIAN



HOT & FILLING

MONDAY

SCANDI MEATBALLS
MASH UP

SCANDI VEGBALL
MASH UP



VEG OF THE DAY

TUESDAY

GREEK CHICKEN
SOUVLAKI PITTA,
WITH TZATZIKI +
PAPRIKA WEDGES

PEA FALAFEL PITTA
WITH TZATZIKI +
PAPRIKA WEDGES



VEG OF THE DAY

WEDNESDAY

MIDWEEK ROAST WITH
ROASTIES + GRAVY

ROASTED ROOTS
CRUMBLE WITH
ROASTIES



VEG OF THE DAY

THURSDAY

BEEF STEW IN A
DUMPLING BUN
WITH HERBED
POTATOES

CHEDDAR + MIXED
PEPPER QUICHE
WITH HERBED
POTATOES



VEG OF THE DAY

FRIDAY

CRISPY FISH + CHIPS

SPICED SAMOSA
SQUARES WITH CHIPS



VEG OF THE DAY

ALSO AVAILABLE



MORNING
SNACKS



ON THE
GO



PIZZA
TIME!



COMFORT
FOOD



HAND
HELD

MENU

WEEK 2

MAINS

VEG OPTION

VEGGIES



WEEK TWO

VEGAN



VEGETARIAN



HOT & FILLING

MONDAY

BANGERS + MASH

VEGGIE TOAD + MASH



VEG OF THE DAY

TUESDAY

BONELESS HONEY
ROAST JERK CHICKEN
+ DIRTY RICE

BANGIN' KATSU CAULI
BUDDHA BOWL WITH
RICE



VEG OF THE DAY

WEDNESDAY

MIDWEEK ROAST WITH
ROASTIES + GRAVY

BUTTERNUT
BUTTERBEAN BOWL
WITH ROASTIES



VEG OF THE DAY

THURSDAY

HOMEMADE TURKEY
BURGER WITH GARLIC
BUTTER WEDGES

EGG'D UP SRIRACHA
RAMEN



VEG OF THE DAY

FRIDAY

CRISPY FISH + CHIPS

HALLOUMI GOUJONS
WITH CHIPS



VEG OF THE DAY

ALSO AVAILABLE



MORNING
SNACKS



ON THE
GO



PIZZA
TIME!



COMFORT
FOOD



HAND
HELD

MENU

WEEK 3

MAINS

VEG OPTION

VEGGIES



WEEK THREE

VEGAN



VEGETARIAN



HOT & FILLING

MONDAY

CLASSIC COTTAGE

GARDEN COTTAGE



VEG OF THE DAY

TUESDAY

KICKIN' CHICKEN
TIKKA WITH ROASTED
CAULI + BASMATI RICE

COCONUTTY CAULI +
CHICKPEA CURRY WITH
BASMATI RICE



VEG OF THE DAY

WEDNESDAY

MIDWEEK ROAST WITH
ROASTIES + GRAVY

FULLY LOADED
YORKSHIRE WITH
ROASTIES



VEG OF THE DAY

THURSDAY

SAUSAGE TOAD
BURRITO WITH HERBY
LEMON WEDGES

CHICKPEA + PEA
BURGER WITH ZESTY
MAYO + HERBY LEMON
WEDGES



VEG OF THE DAY

FRIDAY

CRISPY FISH + CHIPS

CRISPY VEGGIE
DIPPERS WITH CHIPS



VEG OF THE DAY

ALSO AVAILABLE



MORNING
SNACKS



ON THE
GO



PIZZA
TIME!



COMFORT
FOOD



HAND
HELD