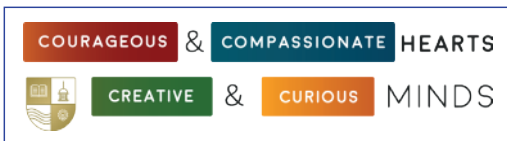


# Extratime

## Chipping Norton School

CLUB PROGRAMME AUTUMN 2023



**BE THE BEST THAT YOU CAN BE!**

# Extratime

It is important to us at CNS that our students thrive both in the classroom and in their extra-curricular life. It is one of the ways in which we develop a sense of belonging within our school community and we want all of our students to know that our extra-curricular programme is for them. There are many opportunities for students to pursue interests which fulfil them, give them a sense of achievement and promote our school values of curiosity, courage and creativity.

This programme will give you information on the school clubs and ExtraTime clubs running throughout the week.

## ExtraTime Clubs

Extra-Time clubs are run by teachers or external coaches for a duration of 10 weeks starting in term 1,3 and 5. They are 50 minute sessions that take place after school until 17.00. These clubs range from sports to cookery to pottery. Students can sign up to these clubs by completing the booking form on the school website and paying via ParentPay.

## School Clubs

These clubs can take place during lunchtime or straight after school and are run by Departments. Students do not need to sign up but can just 'go along'. Please check details with the teacher at the beginning of term. These clubs range from study clinics to sports to drama rehearsals.

We are extremely proud of our students at CNS. The high standards of behaviour and effort shown in the school day are extended to our extra-curricular programme.  
Please • Be punctual • Be prepared • Enjoy yourself

## ExtraTime booking

### Autumn 2023 clubs start Thursday 14<sup>th</sup> September

Students can sign up to ExtraTime Clubs by completing the booking form on the school website and paying via ParentPay. Only when both of these things are done is a place allocated. **Please sign up by 8am Monday 11<sup>th</sup> September.** Places are not filled on a first come first served basis, if a club is oversubscribed by this date then names will be drawn from a hat. Please assume that your child has a place, we will only contact you if they don't. Please let us know if your child will be absent for more than two weeks.

The ExtraTime programme may change slightly through the year with the addition of seasonal clubs. So do keep your eye open for the spring programme starting in term 3 and the summer programme starting in term 5.

## FAQ's



### How do I sign up for the ExtraTime clubs?

Sign up to these clubs by completing the booking form on the school website (QR Code) and paying via ParentPay. Only when both of these things are done is a place allocated.

### Can I pay for the ExtraTime clubs with childcare Vouchers?

Yes. Please tick the vouchers box on the booking form so we know where to look for the payment.

### Do PP students receive any support?

Yes. We do not want any child to miss out on ExtraTime Clubs because of financial restraints. If your child is in receipt of the Pupil Premium Grant you are entitled to one club per term at 30% of the full price. Please change the amount to the Pupil Premium price in the box on ParentPay for one of your clubs and Chipping Norton School will pay 70% towards that club. Additional clubs should be paid at full price.



### Is transport available home from these clubs?

At present no, the late night bus service is not running.

### What can my child do if their club has a 4.10 start time?

If your child is attending a later club they can stay at school and use the 'Study Zone' facilities in the library or attend one of the other after-school clubs offered. Some children choose to go home and come back to school for later clubs.

### How will I know if my child has a place at the club?

Please assume your child does have a place at the club. If the club is over-subscribed by the deadline then names will be drawn from a hat and we will contact you if they do not have a place.

### What should my child wear for their club?

For non sports clubs, school uniform should be worn. For sports clubs school PE kit should be worn. Students can use the PE changing rooms to get ready for their club



## OUR CLUBS

### ART

If you enjoy art and would like the opportunity to experiment with new techniques then this club is for you. Carol Harvey is a talented local artist who will support you to learn about techniques such as wax resists, gelatine printing, working with pastels and photo and masking tape transfers. You will also be able to work with Carol on your own projects. All materials are included. Everyone is welcome.

**ART (open to all) Wednesday 3.20 – 4.10 £35 for 10 sessions**

**ART (open to all) Wednesday 4.10 – 5.00 £35 for 10 sessions**



#### Carol Harvey - Biography

*I have been an artist since childhood, always drawing, painting and observing. I have exhibited work in the three African countries I have lived in and taught art in Zambia. I have taken many courses in art and art therapy and am a founding member of Chipping Norton Arts. I work in mixed media and am inspired by feelings and nature.*

### BADMINTON

Join our new badminton coach, Mustafa Raee, to develop skills and game play in this supportive and developmental badminton club. Open to all.

**BADMINTON (open to all) Thursday 4.10 – 5.00 £35 for 10 sessions**



#### Mustafa Raee - Biography

*Mustafa was a trainee teacher in the Design & Technology department at Chipping Norton School and now teaches at Marlborough school. He has never forgotten the badminton club at CNS and is keen to get it up and running again. He is a keen badminton player having played to a high standard himself, and is a qualified coach with Badminton England. He is passionate to pass on his love of the game in schools and in the local community.*

### COOKERY

Work in a sociable, supportive and safe environment to create a delicious supper. Liz Jones will guide you through the cooking process teaching you lifelong skills along the way. You will then sit down to eat with everyone and enjoy your main course and dessert together. The price includes all ingredients. Everyone is welcome.

**COOKERY (open to all) Tuesday 3.30 – 5.00 £70 for 10 sessions**



#### Liz Jones - Biography

*I've been leading Extra Time Healthy Cookery for about 15 years so have helped lots of students to gain confidence in the kitchen. In the past I've also taught Family Focus Cookery classes at CNS, and now teach Cookery at Charlbury Primary School and for Abingdon & Witney College.*

### DANCE CREW

With our new dance teacher, Miss Fisher, you will explore a variety of styles of dance including modern, contemporary, jazz & musical theatre. Starting with some pre-choreographed dances, you will also have the opportunity to have an input into other styles, and music, as the term progresses. The aim of the club is to have fun whilst trying out lots of different dance styles! All abilities are welcome.

**DANCE CREW (open to all) Wednesday 4.10 – 5.00 £35 for 10 sessions**



#### Miss Fisher - Biography

*Ex-Student Maddy Fisher has a lot of experience through Emily Archer's Chipping Norton School of Dance and the Dance Society at the University of Birmingham. Maddy's passions in dance are tap and modern and she has taken part in many showcases and performances over the years. Maddy is also working in our SEN department at CNS.*

### DIGITAL MUSIC PRODUCTION

Work with Ben from Community Albums, who have a passion for giving people a voice and creating positive change in the lives of individuals. You will work on our digital production software using vocals and/or instruments to produce your own songs.

**DIGITAL MUSIC PRODUCTION (open to all) Wednesday 3.20 – 4.15**

**£35 for 10 sessions**

**DIGITAL MUSIC PRODUCTION (open to all) Wednesday 4.15 – 5.15**

**£35 for 10 sessions**



#### Ben Waddilove - Biography

*Ben is an accomplished and versatile musician and has appeared playing keys for contemporary, jazz and blues bands, choirs and vocalists in various venues around London, Dubai and the Cotswolds, - jazz@Pizza Express, The Groucho Club, The Alleycat, The Kindred Club and The Big Festival. He has a real passion for jazz, blues, gospel and classical music and loves to compose and create – including a recently published production music album 'Panoramic Piano Stories' He has also written and recorded numerous songs, collaborating with Indian artist Zeffereen, New York based gospel singer Ptah Brown, the London Homeless Charity Tutus House and the Mildmay Mission Hospital. He also teaches piano, guitar, drums and music production.*

### HOCKEY

Work with highly experienced coach Carol Hicks to develop your skills, tactics and game play on our astroturf pitch. Carol focusses on coaching through the game so be prepared for a good run around after a long week at school! All levels are welcome.

**HOCKEY (open to all) Friday 3.20 – 4.30 £35 for 10 sessions**



#### Carol Hicks - Biography

*I am a qualified Level 2 Hockey Coach and I regularly play for Banbury Hockey Club. I coach at Banbury Hockey Club and currently at Enstone & Great Tew primary schools too working with Year 3 upwards. I have run Family Focus Hockey workshops at CNS; and have been the Extra Time Hockey Coach for over 10 years. It has been fantastic to coach and develop students through Years 7 - 13.*

Monday		Tuesday		Wednesday		Thursday		Friday	
Subject	Teacher & Room	Subject	Teacher & Room	Subject	Teacher & Room	Subject	Teacher & Room	Subject	Teacher & Room
<b>Extratime</b>		<b>ExtraTime Clubs 3.15 – 5pm – Please sign up on the school website and pay via ParentPay</b>						<b>Extratime</b>	
Pottery 3.20 - 4.45pm	Alison Townley K1	Cookery 3.30-5pm	Liz Jones F7	Art 3.20 - 4.10pm 4.10 - 5pm	Carol Harvey K1	Origami 3.20 - 4.10pm	Yen-Yang Co Library	Hockey 3.20 - 4.30pm	Carol Hicks Astro
Tennis 3.20 - 4.10pm 4.10 - 5pm	Ed Large Astro	Trampoline 3.20 - 4.10pm 4.10 - 5pm	Kate Gregory Gym	Digital Music Production 3.20 - 4.15pm 4.15 - 5.15pm	Ben Waddilove H2	Karate & Self Protection 3.20 - 4.10pm, 4.10 - 5 (Girls)	Jack Heritage Gym		
		LAMDA Yr11 3.30 - 4.15pm Yr7 4.15 - 5pm	Pippa Phillips D4	Squash 3.20 - 4.10pm, 4.10 - 5pm & 5.00 - 5.45pm	Jason Varrie Leisure Centre	Young Writers 4.10 - 5pm	Miss Skill / Miss Bell A4		
		LAMDA Yr9/10 3.30 - 4.15pm Yr8 4.15 - 5pm	Miss Elvin G15	Dance Crew 4.10 - 5pm	Miss Fisher Dance Studio	Badminton 4.10 - 5pm	Mustafa Raee Sports Hall		
<b>Lunchtime Clubs</b>									
<b>Subject</b>	<b>Teacher &amp; Room</b>	<b>Subject</b>	<b>Teacher &amp; Room</b>	<b>Subject</b>	<b>Teacher &amp; Room</b>	<b>Subject</b>	<b>Teacher &amp; Room</b>	<b>Subject</b>	<b>Teacher &amp; Room</b>
Badminton	SDF - Sports Hall	Badminton	JLT - Sports Hall	Badminton	LAR - Sports Hall	Badminton	CET / JHM - Sports Hall	Reading Club	JHB - Library
MFL Film club	JXB - G10/G11	Choir	CSB - H2	Concert Band	CSB - H2	Brass Ensemble	CSB - H2	Flute Group	MAJ - H2
				DoE Drop-in KS4/5	CLR / JHM - G10	PRIDE Club	HKS / EB - G15	Knit & Natter	JXB - G11
				Debating Club Yr10/11	SGD - A2	Warhammer	TCH / JDD - K1		
<b>After School Clubs</b>									
<b>Subject</b>	<b>Teacher &amp; Room</b>	<b>Subject</b>	<b>Teacher &amp; Room</b>	<b>Subject</b>	<b>Teacher &amp; Room</b>	<b>Subject</b>	<b>Teacher &amp; Room</b>	<b>Subject</b>	<b>Teacher &amp; Room</b>
		Homework Club	JHB - Library	Homework Club	JHB - Library	Homework Club	JHB - Library	Homework Club	JHB - Library
Addams Family Rehearsal	Performing Arts - Hall	Addams Family Rehearsal	Performing Arts - Hall			Addams Family Rehearsal	Perf.Arts - Hall		
		Yr7/8 Netball	SDF / JHM - Astro	Yr8 Rugby	JLT - Field	Yr9 Rugby	JLT - Field		
		Yr11/12/13 Netball	CET - Astro	Yr11/12/13 Rugby	LAR - Field	Yr10 Rugby	LAR - Field		
		Spires Yr12 / 13	JDD - SF3			Yr9/10 Netball	CET / JHM - Astro		
		GCSE Biology Clinic	JES - L2	A Level Biology Clinic ?	SLH - L5	A Level Biology Clinic ?	SLH - L5		
		A Level Chemistry Clinic	PRB - L10	A Level Physics Clinic	LME - L3	A Level Physics Clinic	LME - L3		
		GCSE Textiles Clinic	JLD -F6	GCSE Chemistry Clinic	CH - L8	Maths Clinics	Maths Dept - D6 / D9		
		GCSE Art Clinic	LSD -K3	Design Technology Clinic	KN / SPJ - F5	GCSE Art Clinic	LSD - K3		
						Warhammer	TCH/JDD - K1		
<b>Peripatetic Music Lessons</b>									
<b>Subject</b>	<b>Teacher &amp; Room</b>	<b>Subject</b>	<b>Teacher &amp; Room</b>	<b>Subject</b>	<b>Teacher &amp; Room</b>	<b>Subject</b>	<b>Teacher &amp; Room</b>	<b>Subject</b>	<b>Teacher &amp; Room</b>
Drum Kit	Nick Griffith - PR6	Singing	Sue Blunsdon - H1	Piano	Maria Jurd - PR3	Woodwind	Helen Hawker - H1	Piano	Phillippa Furlong - PR2
		Violin	Andy Bettle - H1			Guitar	Paul Cattell - PR6	Brass	Simon Gray- PR6

Extratime  
Paid via ParentPay  
3.15pm - 5pm

Extratime  
Paid via ParentPay  
3.15pm - 5pm

Lunchtime Clubs  
Free of Charge

Lunchtime Clubs  
Free of Charge

After School Clubs  
Free of charge

After School Clubs  
Free of charge

Peripatetic  
Music Lessons

Peripatetic  
Music Lessons

## KARATE & SELF PROTECTION

This is a fantastic opportunity to experience martial arts aimed at teenagers in a safe and fun setting led by our qualified instructor Jack Heritage. You will cover wado-ryu karate, self-defence and self-protection through warm up drills, partner and pad work. There is no experience necessary. You will wear school PE kit.

**KARATE & SELF PROTECTION (open to all) Thurs 3.20 – 4.10 £35 for 10 sessions**  
**KARATE & SELF PROTECTION (aimed at girls) Thurs 4.10 – 5.00 £35 for 10 sessions**



### Jack Heritage - Biography

*Hi I'm Jack Heritage, I'm a 3rd degree black belt in Wado-Ryu Karate. I've been studying the art since I was around 7 and haven't stopped. Over time I've begun to look deeper into the self protection aspects of martial arts as I think there is a lot we can all take away both physically and mentally. Training in Karate-do isn't an easy challenge but the benefits speak for themselves.*

## LAMDA (London Academy of Music & Dramatic Arts)

The aim of LAMDA is to provide everyone with the opportunity to improve self-expression, self-assurance and, most importantly, have fun. The students work towards a qualification in the Autumn & Spring terms for which they take an exam at the end of Term 4. Starting in September, students are expected to commit to both of these blocks as they are part of a group play. In the Summer Term we are able to take new students again to work on drama exercises and games to develop drama skills. If you have a main part or chorus part in the Addams Family, you can still sign up to LAMDA and miss rehearsals when your LAMDA sessions are happening.

**LAMDA (Year 7) Tuesday 4.15 - 5.00 £35 for 10 sessions**

**LAMDA (Year 8) Tuesday 4.15 - 5.00 £35 for 10 sessions**

**LAMDA (Year 9/10) Tuesday 3.30 - 4.15 £35 for 10 sessions**

**LAMDA (Year 11) Tuesday 3.30 – 4.15 £35 for 10 sessions**



### Pippa Phillips - Biography

*Pippa is on the committees for both the Chipping Norton Festival and the Cheltenham Festival of Performing Arts. Pippa now teaches LAMDA in 5 schools and 2 theatres including Theatre Studio at The Playhouse in Cheltenham and The Theatre, Chipping Norton. She auditions 'Pippins' for the annual Chipping Norton Panto, tutors pupils for drama scholarships, and auditions for National Youth Theatre and for*

*Drama schools, all of which have extremely high success rates in the West End and TV appearances. Pippa loves drama not only for the skills and creativity it can inspire and develop in people but for the confidence, clarity and friendships that it creates.*



### Miss Elvin - Biography

*After graduating from The Arts Educational Schools London, where I studied up to Grade 8 in LAMDA - I chose the educational vocation. I am also a Youth Theatre practitioner for Chipping Norton Theatre and supported Pippa Phillips in her LAMDA sessions during the last few years. My 9-5 job is teaching in the English department at CNS; so being able to get to know the students during the school day has been*

*massively beneficial to the openness and comfort of my actors.*

## ORIGAMI

Origami (paper folding) is a skill which helps develop hand-eye coordination, fine motor skills and mental concentration. Yen-Yang will guide you through this traditional Japanese art fold by fold and progress your skills week by week. Everyone will have fun learning this skill and creating something beautiful to take home. All material provided. You will love it.

**ORIGAMI (open to all) Thursday 3.20 – 4.10 £35 for 10 sessions**



### Yen-Yang Co - Biography

*I was born in Hong Kong, but spent most of my adult life in England, including 25 years in Chipping Norton. My interest in origami began when I first visited Japan about 20 years ago, where it's a national hobby. I think it should also be a national hobby here, and so have been teaching this fascinating skill to others. I am delighted to share my passion with students at CNS.*

## POTTERY

Using our new wheels, would you like to have a go at making your own pots, or hand-building clay to create your own pottery masterpiece? Local, experienced potter, Alison Townley, will be providing a club to teach you the skills and work with you to realise your ideas. Items can be fired in our school kiln. All materials will be provided.

**POTTERY (open to all) Monday 3.20 – 4.45 £70 for 10 sessions**



### Alison Townley - Biography

*I have always been interested in art, but only discovered pottery in 2016, when I took a beginners course in Oxford. It is my hobby and I absolutely love being able to make something both functional and beautiful out of a lump of wet clay. There is always more to learn and that is one of the many appealing aspects of this art form. Alison is looking forward to sharing her enthusiasm for clay with the students, and enjoys delivering workshops for all ages.*



## SQUASH

Coaching sessions in the squash courts with our highly qualified and experienced squash coach Jason Varrie. Learn this fast paced game where strength, agility, coordination and split second decision making are all necessary. Jason will develop your skills through drills and game play. This club is for both beginners and more experienced players and has small class numbers.

**SQUASH (open to all) Wednesday 3.20 – 4.10 £35 for 10 sessions**

**SQUASH (open to all) Wednesday 4.10 – 5.00 £35 for 10 sessions**

**SQUASH (open to all) Wednesday 5.00 – 5.45 £35 for 10 sessions**



### Jason Varrie - Biography

*Growing up in Zimbabwe I have been playing squash for nearly 30 years where I had the pleasure of representing my country at both junior and senior levels. The highlight of my squash career was representing my country at the 2003 All Africa Games. As well as being a full time squash coach I also compete in 3 different squash leagues in the top division and represent Oxfordshire in both squash and racketball. I became a squash coach to help give back to a sport I have loved playing and to try to build squash back up to a thriving sport.*

## TENNIS

Tennis Coaching sessions with our experienced Tennis Coach - Edward Large. The sessions will be aimed at teaching you the core skills required to play tennis successfully. The sessions will have many elements to them from coach led exercises to partner based activities. 'Fun, enjoyable and educational is what we aim to achieve'.

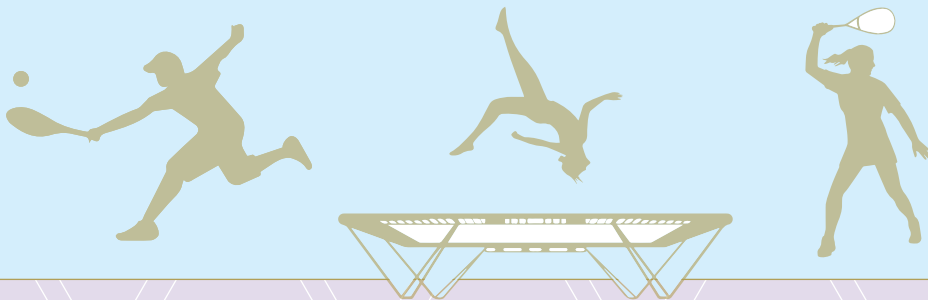
**TENNIS (open to all) Monday 3.20 – 4.10 £35 for 10 sessions**

**TENNIS (open to all) Monday 4.10 – 5.00 £35 for 10 sessions**



### Edward Large – Biography

*I started coaching tennis at 14 years old. By 19 I was the youngest Club Head Coach in the Country and by 21 I was the youngest Level 4 Coach in the south of England. Having been teaching for over 24 years I have worked with a huge selection of players from 3 years old to 95, from beginners to national standard. I have a passion for helping players get the most out of their own game and helping each player achieve improvement and enjoyment in every lesson. Tennis is a sport that lasts a lifetime and I look forward to helping you learn and develop your skills.*



## TRAMPOLINING

Work with our coach Kate Gregory on our competition grade trampolines. Trampolining is great for your health and fitness and when you master that skill you've been persevering with, it's a great feeling! This club is for both beginners and more experienced students. Places are limited at this club.

**TRAMPOLINING (open to all) Tuesday 3.20 – 4.10 £35 for 10 sessions**

**TRAMPOLINING (open to all) Tuesday 4.10 – 5.00 £35 for 10 sessions**



### Kate Gregory - Biography

*I have been teaching trampolining for twelve years; starting off as an assistant coach at a local club in Chipping Norton. In the last 5 years, I have been working as the Trampolining Coach at Chipping Norton School. I greatly enjoy the opportunity to work with students and watch them develop, leading them through the different levels of skill.*

## YOUNG WRITERS

Young Writers is an opportunity to develop your writing skills in a supportive creative environment.

Over the course of the Autumn Term, the Young Writers club will explore novel writing with Miss Skill before engaging in their own project of 5,000, 10,000 or 25,000 words. They will meet each week to read, write and critique each other's work. The writing portion will take place over the 5 weeks of November, in line with National Novel Writing Month - an international event where writers young and old attempt to write or finish a writing project of up to 50,000 words. Last year, we wrote 112,000 words.

In the Spring & Summer Terms Miss Bell will help you to explore the world of writing and publishing, exploring new and different styles of writing in all sorts of genres each week.

**YOUNG WRITERS (open to all) Thursday 4.10 – 5.00 £35 for 10 sessions**



### Miss Skill (Autumn Term) - Biography

*HK Skill has been teaching Creative Writing for 8 years, having previously written plays performed in theatres in London. She has been writing novel length works since the age of 13, when she completed her first National Novel Writing Month. She enjoys passing on her love for writing for younger generations and offering them the opportunity to write something they can keep for a lifetime.*



### Miss Bell (Spring & Summer Terms) - Biography

*As well as working in the Learning Support Department at Chipping Norton School, Miss Bell is a published poet. She studied Creative Writing at university and has a Masters degree in Poetry and Poetics. As a teenager she worked on playscripts with local theatres, and went on to work as an editor for small publishing companies while at uni, so has a lot of experience of writing, reading, and editing creative work. She is excited to help a new generation of writers find their creative voices and see what brilliant work they can produce.*

# Chipping Norton School website Extra-Time booking page



## CHIPPING NORTON SCHOOL

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