

Extra Time Clubs are run by teachers or external coaches for a duration of ten weeks starting in Terms 1, 3 and 5. Students can sign up to these clubs by completing the booking form on the school website and paying via ParentPay. Only when both of these things are done is a place allocated.

Autumn clubs will start in the week beginning Monday 13<sup>th</sup> September 2021. Please note that if the club is oversubscribed by Monday 6<sup>th</sup> September, then names will be drawn from a hat; we will only contact you if your child does not have a place.

## **ART CLUB**

If you enjoy art and would like the opportunity to experiment with new techniques then this club is for you. Carol Harvey is a talented local artist who will support you to learn about techniques including wax resists, gelatine printing, working with pastels and photo and masking tape transfers. You will be able to work with Carol on your own projects. All material are included. Everyone is welcome.

Art (open to a	II) Wednesday	3.15 - 4.15	£35 for 10 sessions	
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## **BUSH CRAFT**

Join qualified bush craft leader Joel Reed to have some outdoor fun! You will develop basic outdoor skills such as how to build and light a fire, how to create a camp, making shelters and dens, and basic usage of different tools. It will also give an opportunity to ask questions and try new things in a safe environment.

KS4 BUSH CRAFT	Monday	3.15-4.05	£35 for 10 sessions
KS3 BUSHCRAFT	Monday	4.10-5.00	£35 for 10 sessions

## **COOKERY**

Work in a sociable, supportive and COVID-safe environment to create a delicious supper. Liz Jones will guide you through the cooking process teaching you lifelong useful skills along the way. You will then sit down to eat with everyone and enjoy your main course and dessert together. The price includes all ingredients. Everyone is welcome.

COOKERY (open to all)	Tuesday	3.30-5.00	£70 for 10 sessions
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## **CRIMINOLOGY CLUB**

What drives a person to murder? What is the role of the police? Can the media cause crime? Is eye witness testimony reliable?

In this club Mrs Gray will take you on a psychological and sociological journey through the study of crime and criminal behaviour. Exploring many areas including false memories, eye witness testimony, punishment, the courts, globalised crime, real life case studies and more.

KS4 CRMINOLOGY CLUB	Thursday	3.15-4.15	£35 for 10 sessions
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#### DANCE COMPANY

Join Mrs du Cros for a fun filled dance club! You will explore various dance styles, learn new sequences and have the opportunity to create your own choreography. Groups will work towards performance pieces.

DANCE COMPANY (open to all)	Wednesday	3.15-4.15	£35 for 10 sessions
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## **FOOTBALL**

Join our football club which is open to all. Your coach will be Rory Shadbolt from Banbury United. Take part in fun practices that will challenge everyone no matter what your level. Develop a range of football skills that will improve your ability to progress further.

FOOTBALL (open to all)	Tuesday	3.15-4.05	£35 for 10 sessions
FOOTBALL (open to all)	Tuesday	4.10 – 5.00	£35 for 10 sessions



## HOCKEY

Work with highly experienced coach Carol Hicks to develop your skills, tactics and game play on our astroturf pitch. Carol focusses on coaching through the game so be Coaching sessions in the squash courts with our highly qualified and experienced prepared for a good run around after a long week at school! All levels are welcome.

HOCKEY (open to all)	Friday	3.15-4.15	£35 for 10 sessions
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## LAMDA

The London Academy of Music and Dramatic Arts. Work with our fantastic drama teacher Pippa Phillips to prepare a group piece for a grade exam at Easter. This is a globally recognised qualification. The aim of LAMDA is to provide everyone with the opportunity to improve self-expression, self-assurance and, have fun.

Yr7 LAMDA	Tuesday	3.30-4.15	£35 for 10 sessions
Yr8 LAMDA	Monday	3.15 – 4.00	£35 for 10 sessions
Yr9 LAMDA	Tuesday	4.15-5.00	£35 for 10 sessions

#### **ORIGAMI**

Origami (paper folding) is a skill which helps develop hand-eye coordination, fine motor skills and mental concentration. Yen Yang will guide you through this traditional Japanese art fold by fold and progress your skills week by week. Everyone will have fun learning this skill and creating something beautiful to take home. All material provided. You will love it.

Origami (open to all)	Wednesday	3.15-4.00	£35 for 10 sessions
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#### **PILATES**

Multiple benefits come from pilates, strength, flexibility and good posture to name a few but also a good opportunity for some head space. Mrs Brocklebank will take you through the exercises increasing the level of challenge as you develop. This class will do wonders for your physical and mental health and well-being.

PILATES (open to all)	Monday	3.15-4.00	£35 for 10 sessions
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#### SOUASH CLUB

squash coach Jason Varrie. Learn this fast paced game where strength, agility, coordination and split second decision making are all necessary. Jason will develop your skills through drills and game play. This club is for both beginners and more experienced players and has small class numbers.

SQUASH (open to all)	Wednesday	3.15-4.05	£35 for 10 sessions
SQUASH (open to all)	Wednesday	4.10 – 5.00	£35 for 10 sessions
SQUASH (open to all)	Wednesday	5.00 – 5.45	£35 for 10 sessions

# **TABLE TENNIS**

Following our recent purchase of 6 table tennis tables for the gym we have joined forces with Eddie Roofe to bring you a table tennis club. Eddie is an experienced Level 3 professional coach who is involved with Table Tennis England at local academy level and National Level. You will be introduced to the game and coached to develop your skills in a friendly, supportive and fun environment.

Table tennis (open to all)	Wednesday	3.15 - 4.05	£35 for 10 sessions
Table tennis (open to all)	Wednesday	4.10 - 5.00	£35 for 10 sessions

## TRAMPOLINING

Work with our coach Kate Gregory on our competition grade trampolines. Trampolining is great for your health and fitness and when you master that skill you've been persevering with, it's a great feeling! This club is for both beginners and more experienced students. Places are limited at this club.

TRAMPOLINING (open to all)	Tuesday	3.15-4.05	£35 for 10 sessions
TRAMPOLINING (open to all)	Tuesday	4.10 – 5.00	£35 for 10 sessions