

KS3: Mental Health Matters



ALL THE BRIGHT PLACES

Jennifer Niven

When Finch and Violet meet on the ledge of the bell tower at school, it's unclear who saves whom. And when they pair up on a project to discover the 'natural wonders' of their state, both make more important discoveries.

AR: 5.3 378 pages

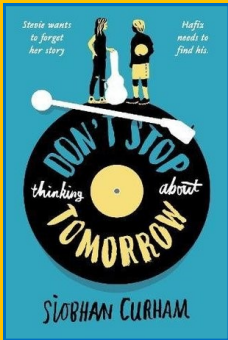


FINDING A VOICE

Kim Hood

Jo could never have guessed that the friendship she so desperately craves would come in the shape of a severely disabled boy. Maybe it is because he can't speak that she finds herself telling him how difficult it is living with her eccentric, mentally fragile mother.

AR: 5.0 240 pages

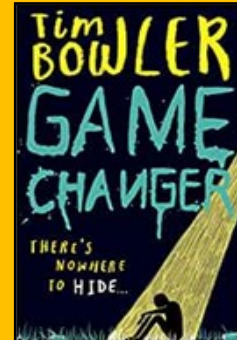


DON'T STOP THINKING ABOUT TOMORROW

Siobhan Curham

Fourteen-year-old Stevie lives with her beloved vinyl collection, her mum ... and mum's depression. When mum's disability benefits are cut, both are plunged into a life of poverty. Stevie is determined not to be beaten.

AR: 4.5 341 pages

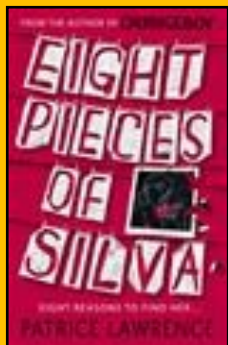


GAME CHANGER

Tim Bowler

Life is hard for Mikey. He's frightened of open spaces and would much rather curl up in his room and avoid the world outside. So going to a noisy, public place is a big deal-but with his sister Meggie by his side, it should be safe.

AR: 4.5 192 pages



EIGHT PIECES OF SILVA

Patrice Lawrence

Becks' stepsister Silva has gone missing while her mother is off on her honeymoon. Unsure whether Silva is in danger or not, she follows a series of clues found in a box hidden under Silva's bed. Contains some sexual content.

AR: 4.3 310 pages



HELICOPTER MAN

Elizabeth Fensham

Fifteen-year-old Peter Sinclair's father is a paranoid schizophrenic, afraid of helicopters, police, and life itself. When Peter's mother leaves home one day, Pete and his father soon find themselves living hand-to-mouth and teetering on the brink of homelessness.

AR: 4.3 159 pages



THE GOLDFISH BOY

Laura Thompson

Twelve-year-old Matthew is trapped in his bedroom by crippling OCD, spending most of his time staring out of his window. Until the day he is the last person to see his next door neighbour's toddler, Teddy, before he goes missing.

AR: 5.0 393 pages



THE LAST DAYS OF ARCHIE MAXWELL

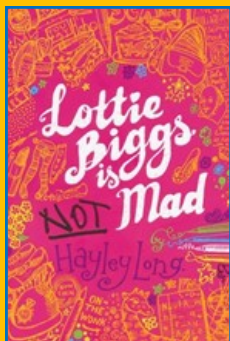
Annabel Pitcher

Dads leave home all the time. It's not that unusual, really. Jack's dad ran off with another woman. So did Mo's. But Archie's? Other people are guarding deep secrets of their own, that will change Archie's days for ever ...

AR: 3.8 139 pages

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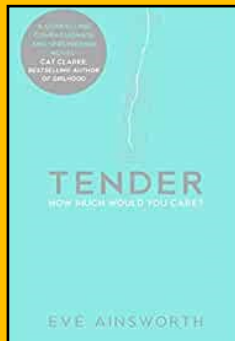


LOTTIE BIGGS IS (NOT) MAD

Hayley Long

"My name is Lottie Biggs and in three weeks time, I will be fifteen years old. At school, most people call me Lottie Not-Very-Biggs. I've never found this particularly funny . . ."

AR: 6.1 230 pages



TENDER

Eve Ainsworth

Marty pretends his mum's grip on reality isn't slipping by the day. Daisy pretends her parents aren't exhausting themselves while they look after her incurably ill brother. They both pretend they're fine. But at some point, it has to stop. And then what?

AR: 3.9 290 pages



RUN REBEL

Manjeet Mann

When Amber runs, it's the only time she feels completely free - far away from her claustrophobic home life. Her father wants her to be a dutiful daughter, waiting for an arranged marriage like her sister Ruby.

AR: 3.7 478 pages

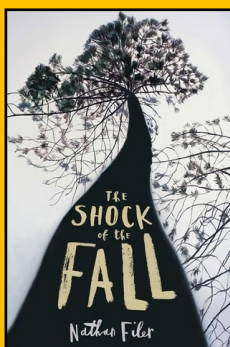


THIRTEEN REASONS WHY

Jay Asher

When Clay Jensen receives thirteen cassette tapes recorded by his classmate Hannah, who died by suicide, he spends a heartbreaking night listening to her recount her story. Older readers only.

AR: 3.9 288 pages

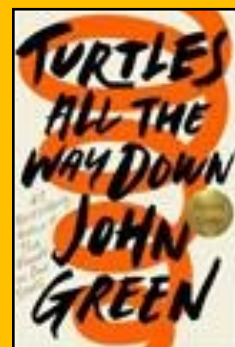


THE SHOCK OF THE FALL

Nathan Filer

What begins as the story of a lost boy turns into a story of a brave man yearning to understand what happened that night, in the years since, and to his very person.

AR: 4.8 314 pages

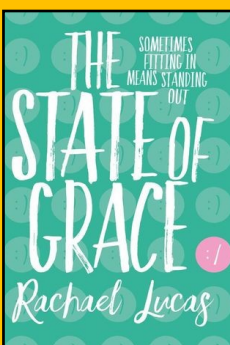


TURTLES ALL THE WAY DOWN

John Green

It all begins with a fugitive billionaire and the promise of a cash. *The book* is about friendship, the intimacy of an unexpected reunion and tuatara. But at its heart is Aza, a young woman navigating daily life within the spiral of her own thoughts.

AR: 5.6 286 pages



THE STATE OF GRACE

Rachael Lucas

Grace has Asperger's and her own way of looking at the world. She's got a horse and a best friend who understand her, and that's pretty much all she needs. But things start to change at home, the world doesn't make much sense to her any more.

AR: 5.9 272 pages



UNDER ROSE TAINTED SKIES

Louise Gornall

At seventeen, Norah has accepted the four walls of her house. She *knows* that fearing everything from inland tsunamis to odd numbers is irrational, but her mind insists the world outside is too big, so she stays safe inside, watching others.

AR: 5.0 271 pages

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